



KATHLEEN FANNING

KATHLEEN FANNING COACHING & TRAINING

The professionals who work with me find they can achieve their goals while still taking care of themselves.

Rather than working more and harder and longer, they find themselves *going for walks again, eating better, and being much more healthy AND getting more done at the same time.*

Many have gone on to secure better positions in their organisations, thereby creating more impact with less effort.

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SOCIAL MEDIA

 <http://www.linkedin.com/in/kathleen-fanning>
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 <https://www.facebook.com/iivcoaching>

EXPERTISE

Executive Coaching

Personal & Professional Development

Resilience & Wellbeing

Mental Fitness / Positive Intelligence

Team Building and Group Facilitation

Presentation Skills Development



WHO I WORK WITH

Individuals or groups who are seeking to make positive changes in their work and/or personal life:

- Improve work/life balance to successfully manage competing demands
- Strong & Clear Communication
- Own your Leadership Style
- Create new productivity habits and routines

CLIENT RESULTS: IN HER OWN WORDS...

[Coaching with Kathleen gave me}... "a chance to stop, think and reflect. This process allowed me to understand my own strengths and authenticity. This process also highlighted the achievements and the progress that has been made. I was so busy, I couldn't see the big picture. I also have a clearer appreciation of what needs to be done and what is possible, but I think the greatest realisation is that I don't have to do it all, I don't have to fix everything and I need to engage the team and talent around me." Head of School of Business, MTU

QUALIFICATIONS & MEMBERSHIPS

- Awarded PCC Credential (Professional Certified Coach) International Coach Federation
- Certified Positive Intelligence Coach CPQC
- IITD Professional Practice Certificate in T & D
- FIITD (Fellow of Irish Institute of Training & Development)
- Member of Irish American Business Chamber & Irish Business Organisation of NY